

## Squash Soup

### **Ingredients:**

1. Butternut squash, 2 pounds, chopped
2. Red onion, 1, chopped
3. Carrots, 2, chopped
4. Vegetable stock, 40 ounces
5. Vegan or dairy butter, 2 tbsp, melted
6. Vegan or dairy cream, ½ cup
7. Salt, pepper, cinnamon, and nutmeg to taste

### **Directions:**

1. Combine squash, onion, carrots, and stock in large pot. Bring to a boil, then reduce heat and simmer for 20 minutes.
2. Puree the mixture with a handheld blender.
3. Add melted butter and cream to mixture. Stir thoroughly.
4. Stir in salt, pepper, cinnamon, and nutmeg.