

Mushroom Wild Rice Blend

Ingredients

Red onion, diced, 1 cup
Celery, sliced, ½ cup
Olive oil, 2 Tbs.
Mushrooms, sliced, ½ pound
Wild rice, cooked, 2 cups
Soy sauce, 1 Tbs.

Instructions

1. Warm 1 Tbs. olive oil in large skillet.
2. Add onion and celery to skillet; sauté for 8 minutes.
3. Remove mixture from skillet.
4. Add 1 Tbs. olive oil to skillet.
5. Add sliced mushrooms to skillet; sauté for 10 minutes.
6. Add onion/celery mixture, soy sauce and cooked wild rice to skillet.
7. Mix thoroughly then enjoy.