

Cucumber Salad

Ingredients

Cucumber, sliced, 2 cups
Red onion, diced, ¼ cup
Hulled hemp seeds, 1 Tbs.
Avocado, sliced, 1
Rice vinegar, 1 Tbs.
Soy sauce, 1 Tbs.
Ginger, grated, 1 tsp.
Sugar, ½ tsp.

Instructions

1. Whisk together rice vinegar, soy sauce, grated ginger, and sugar.
2. Toss mixture with cucumber, red onion, avocado and hemp seeds.